POLISHED BY ELIZA

BEAUTY TREATMENT ROOM

Massage • Nails • Waxing • Lashes & Brows

Reach me

Monday	CLOSED
Tuesday	9.30am - 4.30pm
Wednesday	9.30am - 1.30pm
Thursday	9.30am - 1.30pm
Friday	9.30am- 1.30pm
Saturday	CLOSED
Sunday	CLOSED

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Body

MINERAL GLOW EXFOLIATION

An invigorating salt scrub with magnesium, coconut, and citrus, designed to exfoliate, soften, and refresh the skin, leaving it glowing and revitalised.

30 minutes **£40**

COCONUT RESTORE RITUAL

Scalp, shoulder & neck massage using warm coconut oil for ultimate relaxation

30 minutes **£40**

ESSENCE OF CALM RITUAL

A flowing, soothing massage using gentle aromatherapy oils to restore balance and ease stress.

30 minutes **£40**

60 minutes **£70**

MUSCLE RESET RITUAL

A firm, focused massage to release deep tension, improve mobility, and revive & aching muscles.

30 minutes **£45**

60 minutes **£75**

Specialist

FLOWING VITALITY RITUAL

A light, Lymphatic drainage massage promoting circulation, detoxification, and inner balance.

30 minutes	**£40**
60 minutes	**£70**

BLOOMING BUMP RITUAL

A serene, nurturing massage designed to ease pregnancy aches, calm the mind, and connect mother and baby in pure comfort. Suitable from 12 weeks.

30 minutes	**£45**
60 minutes	**£75**

GENTLE CARE RITUAL

A calming, adaptable massage for those living with or beyond cancer, offering comfort and relaxation throughout your journey. Please note, some circumstances may require a doctor's note.

30 minutes	**£45**
60 minutes	**£75**

Nails

SOLE REFRESH — £25
Focused skin treatment - soak, exfoliate, rasp, nail tidy, and foot cream.

VINYLUX
CND Nail Polish - Quick-drying formula lasting up to 7 days wear

PURE POLISH 30M — £25
File, shape, cuticle tidy and paint

REVIVE MANI OR PEDI — £35
Soak, exfoliate, massage, file, shape, cuticle tidy and paint

LUXE MANI OR PEDI 60M — £45
Soak, exfoliate, mask, heated mitts or boots, massage, file, shape, cuticle tidy and paint

SHELLAC
CND Gel Polish - HEMA and pure acetone free for gentle shine lasting 2 weeks.

MANI OR PEDI — £35
File, shape, cuticle tidy and application of gel

RENEWAL — £40
Removal of gel, cuticle tidy, file, shape, and reapplication of gel

REMOVAL — £25
Removal of Shellac gel, cuticle tidy, buff, file, shape, and hand cream

BIAB
CND Builder Gel - Natural Overlays only
For nails needing extra strength or prone to lifting.

MANI OR PEDI — £40
File, shape, cuticle tidy and application of gel

INFILL — £45
File, shape, cuticle tidy and infill of gel in colour of your choice

REMOVAL — £28
Removal of BIAB gel, cuticle tidy, buff, file, shape, and hand cream

NAIL ART — £5

Waxing

WARM WAX

Traditional Cream Strip Wax

EYEBROW	£14
LIP OR CHIN	£12
HALF LEG	£25
FULL LEG	£35
BACK OR CHEST	£25

HOT WAX

Bead Wax For Sensitive Areas

BRAZILIAN	£30
HOLLYWOOD	£35
BIKINI LINE	£20
UNDERARM	£20
LIP	£12

Lashes & Brows

A Patch Test is required a minimum of 48 hours prior to all Lash & Brow treatments.

TINTING

Colour Lasting 4-6 Weeks

BROWS **£14**

LASHES **£25**

LAMINATION

Definition and Lifting Of The Hairs Giving Perfect Brows for 4-6 Weeks

BROWS **£40**
30 minutes

WITH TINT **£45**
45 minutes

LASH LIFTING

Lifting and Curling Of The Lashes Giving Maintenace Free Results for 4-6 Weeks

LASHES **£45**
30 minutes

WITH TINT **£50**
45 minutes

Children's

We know how much younger ones love a pamper, so these are specially crafted gentle treatments available from 3 - 16 years. A parent or guardian must be present.

3-5 years

NAIL PAINT £15

6-10 years

MINI PEDI 30M £25
Foot soak, exfoliation & paint

PETITE GLOW 20M £25
Cleanse, light exfoliation, tone & moisturise with a dusting of shimmer powder

11-15 years

LITE BACK RITUAL 30M £35
Warm mitts and application of oil with gentle movements

REPAIR & RESCUE 20M £30
Oil facial cleanse, blemish clearing mask, coconut scalp & hair hydration massage

Terms & Conditions

50% deposit is required at time of booking to secure any appointment. Please give 48 hours notice for any cancellation to avoid loss of deposit.

Please fill in your online consultation form ahead of your visit if you are prompted to do so.

Don't hesitate to discuss any medical information, allergies, recent surgeries or treatment being currently received as this could affect your treatment.

Polished by Eliza will not be held liable for any witheld, or false information supplied.